

FIRST NATION, MÉTIS & INUIT STUDENT GUIDE

SUMMER OPPORTUNITIES & EXPERIENCES

2024-25



Bridging Futures

Bridging Futures staff provide individual and group programs for Indigenous junior & senior high school students to support **successful** transitions into the workplace and post-secondary programs.

Bridging Futures staff aide students in the development and implementation of life skills, career planning, and provide opportunities to explore a variety of industries to become more familiar with the world of work and higher education.

Bridging Futures staff support students to set goals and plan for **life after high school** via:

- Academic and Career Counselling
- Career Exploration and Development
- Post-secondary Exploration and Transitions
- Scholarships, Awards, Bursaries and Funding
- Community Partner Connections



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INFORMATION ABOUT SUMMER OPPORTUNITES & EXPERIENCES



Summer time is a great time to relax, and have fun in the sun - but it's also a great time to gain experience, knowledge, and connections outside of school.



Suggestions for what to do this summer can include:

- Attend a summer camp
- Attend a sports conditioning camp to improve your skills
- Get a paid summer job or internship
- Take a summer high school course
- Take an arts & crafts class
- Play on a sports team & compete
- Attend a leadership program to build your skills
- Receive a certificate in babysitting or first aid
- Get your driver's license (class 7 or class 5)
- Volunteer
- and more!

Various organizations and institutions across the city offer the items listed above. Organizations and institutions include, but are not limited to, the University of Alberta, CAREERS Next Generation, Bent Arrow, City of Edmonton, and much more!

Your own community may also offer summer programs - check with the Student Services Coordinator from your nation.

PLANNING FOR PERSONAL GOALS



Why can't I take my summer time as a break?

You may feel inclined to use your free time to yourself during the summer break, as it is a break; HOWEVER, to transition you to adulthood, the reality is that once you complete high school - you will be working throughout the summer. SO, it's best to get the routine started earlier rather than later.

Setting yourself up for success!

In addition to getting used to the routines of an adult, being active in the community throughout the summer break will also provide you with real life experience that translates into knowledge, skills, and connections.

Preparing for Summer Opportunities & Experiences

Create a Resume or Update Exisiting Resume

- No resume? No problem! There are many useful websites and various workshops across the city that can help you make one - ask your graduation coach for support.
- Don't worry if you have no work experience for your resume there are other things you may include.

Utilize your Connections and Networks

 Let your networks know that you are searching for a summer job (people you know, family & friends)

Identify your Skills in Preparation for Job Interviews

• Its normal to feel worried about job interviews, the best way to ease your anxiety is through preparation.



Scan the QR code to learn more about selling your core skills in job interviews:

RESUME BUILDING PERSONAL SKILLS



Employment and Social Development (Government of Canada, 2023) proposes

Skills for Success

66-

"Skills for Success are skills that help you in a quickly changing world. Everyone benefits from having these skills. They help you to get a job, progress at your current job and change jobs. The skills also help you become an active member of your community and succeed in learning."

Identify Your Own Personal Skills for Your Success!

The graph provided features nine different skill areas.

- Adaptability
- Collaboration
- Digital
- Reading
- Problem Solving
- Creativity & Innovation
- Communication
- Numeracy
- Writing



Scan the QR code to learn more about Skills for Success!



(Government of Canada, 2023)

DEFINING YOUR GOALS & PRIORITIES

PRIORITIES



It's critical to understand why you are doing what you are doing.

Your free time is precious, and you want to ensure you are using it effectively. Consider the points below to determine your priorities for the summer.

Why are you dedicating your time to this opportunity or job? What are the benefits to you?

Prio	rities for Consi	deration
	Make money	
	Gain experience	(s):
>	Physically Training	Working with the local community
>	Travelling	Others:
>	Being on the land	
	Develop specific	skills in:
	STEM	Others:
	Arts	
	> Leadership	
	Network and/or	build connections to a specific field of work
	Become familiar	with different work environments such as:
	Others:	

SUMMER OPPORTUNITIES & EXPERIENCES MY ACTION PLAN

The following list contains some **action plans** you may utilize in your search for summer opportunities. The goal of this list is to consider some activities you can do to get your plan in motion. *Please use this list in a way that makes sense to you and your individual plan*.

ACTIONS	Complete: YES or NO	Notes:
Determine my Priorities		
Resume Building		
*Matchmaker & My Skills Assessment on Career Cruising		
Search Job Bank Websites		
Identify Possible Employers to Contact		
Attend Job Fairs		
Prepare for Job Interviews		
Other(s):		

PLANNING FOR THE FUTURE CAREER INVESTIGATION



The Career Cruising Website is a great tool to get started if this is all brand new to you and feels overwhelming, additionally it also a great resource for those with work/volunteer experience as well.

Accessing Career Cruising to Align Interests and Careers:



Scan the QR Code



OR Visit

public.careercruising.com/en/



Sign In

On the Main Page of the Career Cruising Webpage, sign in using the following details:

Username: braided Password: journeys



Create "My Plan"

Click on the the grey "Log In to My Plan" button on the top left of the page.



- If you are new to Career Cruising, click "create my plan."
- If you already have an account, log in using your personal details.
- Having trouble logging in? Click "Can't Access your Account?" and follow instructions on how recover your account!



Building your personal profile:

Complete the form using your personal information.

Create your own personal username and password.

Press the "Explore my Interests" button and complete the *"Matchmaker & My Skills" assessment to align your interests and career goals.



TIP: Use a personal email, and not your school email so you do not lose this information when you graduate high school!

CAREER INVESTIGATION CONTINUED CAREER CRUISING RESULTS

Using your results from the **Matchmaker & My Skills** assessment, highlight one career that piques your interest and complete the questions:

Occupation Name:
Level of Education:
Earnings Range:
Core Tasks:
Why I would be a good fit for this job:

If you are happy with your results, it is good practice to consider this throughout your search for opportunities, and to try to find one that relates to this career.



Gaining additional experience in your desired career path is highly advantageous, especially while you are still a student. Experiences provide you with a competitive edge in achieving your goals and making a lasting impression on potential employers.

SUMMER PROGRAM GUIDE FOR FIRST NATIONS, MÉTIS & INUIT

LEGEND



LEADERSHIP FOCUSED



TRAVEL



STEM FOCUSED

PAID OPPORTUNITY



PHYSICALLY DEMANDING



ON THE LAND

	ARTS FOCUSED
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There are additional opportunities and experiences available; this booklet is just a sample. Make sure to research and apply to opportunities and jobs that interest you!



ALBERTA HEALTH SERVICES

CAREER EXPLORATION CAMPS

FOR HIGH SCHOOL STUDENTS

Discover exciting careers in healthcare at the AHS Healthcare Career Exploration Camp. This is an ideal opportunity for students to interact with health care professionals, job shadow and experience patient simulation scenarios, and get hands-on health care experience. Gain an understanding of a variety of health care careers, the health care industry, and more.

Note: Attendees may be exposed to real medical situations, medical images, and information that some may find graphic and disturbing.

Eligibility

This in-person event is for students **going into grade 9, 10, 11, or 12** who are interested in learning more about the career options available at AHS and what it takes to get there. **Upon acceptance, participants will be required to**:

- Watch the Information & Privacy and IT Security & Awareness video
- · Complete the online learning module
- Submit the signed Confidentiality and User Agreement on the last page of the module prior to the schedule Exploration Camp
- Have the Rubella vaccine (German Measles) and it is also strongly recommended to have the following vaccinations and/or immunizations: Pertussis (Whooping Cough), Tetanus + Diphtheria, Measles, Mumps, Polio, Hepatitis B, Varicella (Chickenpox), Seasonal Influenza and Tuberculosis skin test
- Follow mandatory masking requirements
- Sign a media release form
- Follow site specific requirements

How to apply

Apply Online:

https://form.jotform.com/AHSCareers/HCCECEdmonton2024

• Your registration will not be considered finalized until program payment (\$80) has been received.



Scan the QR code to learn more or to apply!

Questions or Concerns?

Contact: <u>youth.careers@ahs.ca</u>





ASCLEPIUS MEDICAL CAMP



FOR YOUTH

Studies have shown that students from low socioeconomic status (SES) backgrounds make up *less than 5%* of medical school classes. This statistic may reflect that students of low SES have less exposure to the medical profession, lack mentors to inspire them to pursue a medical career, and/or struggle with financial barriers. Studies have also shown that Black and Indigenous students are underrepresented in Medical School, despite making up 6.1% (Black) and 5.9% (Indigenous) of the population, Black Medical Students make up <4%, and Indigenous Medical Students make up <5%, of recent Medical School Classes.

The Asclepius camp serves to give much needed exposure to the medical profession, as well as inspire students to dream big, and teach them that there are many financial options to fund their medical education.

Eligibility

- Grade 10, 11 or 12 students in the current school year
- Low income background* OR other such perceived barriers (e.g. financial, cultural, language, social) to pursuing a career in medicine
- Aptitude for learning and a desire to acquire knowledge
- NOTE: You DO NOT need high grades to attend this camp

Scan the QR code to learn more or to apply!

How to Apply

Apply online using the following Google Form: https://docs.google.com/forms/d/e/1FAlpQLSf8XZ0aHuDj7
DG18yBpJoly-84BkikYS5-QRypccCvwNd-wZA/viewform

Questions or Concerns?

Contact: asclepius.mcfy@gmail.com







ATCO INDIGENOUS SUMMER STUDENT PROGRAM

FOR INDIGENOUS STUDENTS

The Indigenous Summer Student Program offers employment opportunities for Indigenous post-secondary students across the company. It allows the students to apply their academic learning where possible and gain valuable work experience. In addition to our overall summer student program offerings, Indigenous students at ATCO are honoured with a welcome ceremony led by an Elder from the community.

We offer an individualized buddy program that allows Indigenous students to meet other Indigenous employees at ATCO, gain mentorship opportunities, and build relationships and their network. This unique program provides each student with professional guidance and skill development in a positive learning environment.

Eligibility

- An Indigenous student (First Nations, Inuit, or Métis)
- Starting or returning to a full-time post-secondary and/or trades program in September 2024
- Committed to working for 4 months from May to August on a full-time basis
- Able to provide a resume and proof of post-secondary enrollment

How to Apply

Continue to regularly check for updates on ATCO's Education & Training Page: https://www.atco.com/en-ca/our-commitment/indigenous-relations/education.html

In the past, applications have opened up in January.

Questions or concerns?

Contact: <u>ircorporate@atco.com</u>





BOLD EAGLE CANADIAN ARMED FORCES

FOR INDIGENOUS STUDENTS

Are you an Indigenous person living in western Canada or north-western Ontario? Interested in a challenging summer experience that delivers hands-on skills development, encourages teamwork, provides physical fitness training and promotes cultural awareness? If so, Bold Eagle is the program for you! This unique summer training program combines Indigenous culture and teachings with military training, that will help you develop valuable skills such as self-confidence, self-discipline, teamwork, time management, respect and fitness.

The six- week paid program is conducted from early July to late August each year. During this time, you are enrolled as a member of the Canadian Armed Forces (CAF). Upon completion of the program, you can choose to remain in the CAF (as a Regular Force member, a Reserve Force member or a Canadian Ranger) or to be released from service.

Eligibility

- Be First Nation, Métis or Inuit (status not required);
- Be 16 years of age or older;
- Have completed Grade 10;
- Be a Canadian citizen; and
- Reside in western Canada or north-western Ontario.

How to Apply

To apply for Bold Eagle, you will need to complete the online application found at this link:

https://forces.ca/en/apply-now/

In addition to the documents you will complete online you will require the following:

- · Birth Certificate;
- Government Photo Identification;
- Official education transcripts;
- Social Insurance Number; and
- Bank account (so you can be paid).



Scan the QR code to learn more or to apply!





EDMONTON POLICE SERVICE OSKAYAK POLICE ACADEMY

FOR INDIGENOUS YOUTH

The Oskayak Police Academy (OPA) was created to help educate Indigenous youth about policing practices, cultural and police protocols, and crime prevention initiatives.

OPA helps to build stronger, more resilient youth, and more knowledgeable police officers. It helps educate Indigenous youth about the Edmonton Police Service, and EPS officers about Indigenous youth, as they participate in shared experiences and learn about practices, protocols, culture, and crime prevention initiatives.

Through the support of the Edmonton Police Foundation and the Edmonton Civic Employees Charitable Assistance Fund, the academy is offered free of charge:

- Transportation costs are covered.
- Snacks, lunches, and graduation feast are provided.
- Community and police volunteer supports are available.

Eligibility

- Be an Indigenous student in grades 10 to 12
- Attend all of OPA
- Have interest to be involved within their community
- Demonstrate emerging leadership skills
- Have interest in understanding policing and its role
- Desire to apply the knowledge and skills they will learn in their future
- Want to build relationships between police and their community



Scan the QR code to learn more or to apply!

How to Apply

Applicants must complete and submit the filled out application found on OPA's website

https://www.edmontonpolice.ca/CommunityPolicing/CommunityInitiatives/
 OskayakPoliceAcademy







EXPERIENCE HOWL MARTIMES EXPLORATION

FOR YOUTH

In this immersive program, you'll spend time exploring the Eastern Shore of Mi'kma'ki / Nova Scotia to gain an appreciation for the rich local cultures, histories & ecologies of this land. The program will be based at The Deanery Project, an Environmental and Arts Learning Centre in Lower Ship Harbour, Nova Scotia.

With an approach rooted in the Mi'kmaw concept of Etuaptmumk, or two-eyed seeing, you'll gain knowledge of the Wabanaki forest and Atlantic coastal ecosystems while building skills in Treaty rights, climate resilience and sustainable living. Overall, this program will include many opportunities for building community, connecting with the land and water, creative learning, and leadership development.

Eligibility

- Students must be between the ages of 15-30 years old
- Agree to sign the Howl Experience Participant Agreement
- Agree to pay the program fee based on Howl's slide-scale or "pay what you can" model
 - the idea behind this "pay what you can" model is that people pay the amount that they are able to for services, events, and items.
 - Additional financial assitance may be available Howl encourage youth to apply regardless of financial means as they do not wish for anyone to be deterred due to financial constraints.

How to apply

Apply Online: https://www.experiencehowl.com/apply

- When available, answer & fill out the questions on the application form (google form) for the Maritimes Exploration
- Upon approval into the program, you will need to secure your spot by paying a program deposit of \$250



Scan the QR code to learn more or to apply!

Questions or Concerns?

Contact: mertens@experiencehowl.com





EXPERIENCE HOWL **POCKIES EXPLORATION**

FOR YOUTH

Join Experience Howl for an 8- to 10-day field-study adventure through the Canadian Rockies and surrounding areas. You'll get a bit of everything on this trip including mountain adventures in places like Canmore, Banff, Lake Louise, Mînî Thnî and more. The learning focus will be on climate change, wildlife conservation, Indigenous co-management of lands, energy, forestry, personal and community wellbeing, renewables, tourism and more.

Additionally, Experience Howl also offers a similar program specifically for High School Students called 'Rockies Journey for High School Students' with a decreased cost, \$150 deposit, and shorter length, 6 days in the Rockies.

Eligibility

- Students must be between the ages of 15-30 years old
- Agree to sign the Howl Experience Participant Agreement
- Agree to pay the program fee based on Howl's slide-scale or "pay what you can" model
 - the idea behind this "pay what you can" model is that people pay the amount that they are able to for services, events, and items.
 - Additional financial assitance may be available Howl encourage youth to apply regardless of financial means as they do not wish for anyone to be deterred due to financial constraints.

How to Apply

Apply Online: https://www.experiencehowl.com/apply

- When available, answer & fill out the questions on the application form (google form) for the Rockies **Exploration**
- Upon approval into the program, you will need to secure your spot by paying a program deposit of \$350



Scan the QR code to learn more or to apply!

Questions or Concerns?

Contact: mertens@experiencehowl.com





EXPERIENCE HOWL YUKON EXPLORATION

FOR YOUTH

Get a Howl Experience at the Kluane Lake Research Station (KLRS). This is a world class research and teaching facility located on the east side of Kluane Lake, Yukon. KLRS is operated by the Arctic Institute of North America with the University of Calgary.

Howl Educators will guide you through this Yukon experience with a few outcomes in mind: to encourage an interest in Arctic science, Indigenous knowledge/education, to reconnect with the natural world and to create opportunities to allow you to hear your own voice (howl) and through this, understand your place in the world. This is truly a unique setting in which to get inspired and gain experience.

Eligibility

- Students must be between the ages of 15-30 years old
- Agree to sign the Howl Experience Participant Agreement
- Agree to pay the program fee based on Howl's slide-scale or "pay what you can" model
 - the idea behind this "pay what you can" model is that people pay the amount that they are able to for services, events, and items.
 - Additional financial assistance may be available Howl encourages youth to apply regardless of their financial means as they do not wish for anyone to be deterred due to financial constraints.

How to Apply

Apply Online: https://www.experiencehowl.com/apply

- When available, answer & fill out the questions on the application form (google form) for the Yukon Exploration
- Upon approval into the program, you will need to secure your spot by paying a program deposit of \$250

Questions or Concerns?

Contact: mertens@experiencehowl.com









GOVERNMENT OF ALBERTA JUNIOR FOREST RANGERS

FOR INDIGENOUS YOUTH

The idea of a "Ranger Assistant Program" began in 1964. The goal was to offer young people an introduction to various aspects of forestry in Alberta and create an opportunity for transition into the newly formed forestry school at the Hinton Training Centre.

The JFR program is an incredible summer employment opportunity for high school students in Alberta, as well as post-secondary students or graduates from across the country (and beyond). Our crews live on an Alberta Wildfire base, and every day they take part in a wide variety of hands-on work projects and educational opportunities

Eligibility

- 16 to 18 years of age as of July 1
- A full-time Albertan student enrolled in grade 10 -12 at the time of application (you can still apply if you are graduating in June)
- Interested in forestry, wildfire operations, wildlife biology, environmental science or stewardship
- Involved in community, school athletics, student council or volunteer services
- In good physical condition. There is a <u>minimum fitness standard</u> that is part of the screening process.
- Available for a 5-day overnight training program, starting in the first week of July
- Prepared to live and work in the outdoors for 7 weeks. Many crews live and work in rural and semi remote locations throughout the summer.

How to Apply

Visit The Junior Forest Rangers website to apply online:

https://alis.alberta.ca/junior-forest-rangers

Questions or Concerns?

Email: <u>WF.JFR-Alberta@gov.ab.ca</u>

• Phone: 780-422-9276 or 780-974-2860



Scan the QR code to learn more or to apply!



Deadline: April 1st (Annually)

INDIGISTEAM EDMONTON STEAM CAMP



FOR INDIGENOUS YOUTH

IndigeSTEAM 's mission is the provision of Indigenous-led and culturally-relevant programming to support a better future for Indigenous youth in STEAM; Science, Technology, Engineering, Art and Mathematics.

Join Indigesteam for a transformative learning experience at the Edmonton/University of Alberta camp. Attend an overnight stay in to dormitories at the University Campus and have a unique inspiring Culture and STEM/STEAM student experience exploring activities in the university environment

Eligibility

- Be an Indigenous student
- Be in Grade 7 12
- Be available for camp dates

How to Apply

Visit the Indigisteam Website:

https://www.indigesteam.ca/IndigeSTEAM/edmontonsummer-steam-camp-2024

- fill out the application on the website
- complete essay
 - find essay guidelines on the website
 - submit essay through application portal

Questions or Concerns?

Email: <u>info@indigesteam.ca</u>











OUTLAND YOUTH EMPLOYMENT PROGRAM

FOR INDIGENOUS YOUTH

A national network of land-based education, training and work opportunities for high school aged Indigenous youth. OYEP is a six-week work experience providing training and education in a supportive space that replicates various work environments.

The program takes an inclusive approach to Indigenous education, recruitment, retention and provides a safe and predictable learning environment that can be tailored to meet the needs of local communities and partners.

6 Week Schedule Structure:

- 6 days of work with one day off
- Daily wakeups between 7:00 AM to 9:00 AM, depending on schedule.
- 5-8 hour workdays with 1 hour lunch breaks
- Day-off trips into town, when possible
- · One week spent at a post secondary institution for STEM and Trades

Eligibility

- Indigenous youth (16-18 years old)
- Eligible to work in Canada
- Must have Social Insurance Number
- Must have a bank account to be paid

How to Apply

- Visit OYEP's website, complete and submit the application online https://www.oyep.ca/index.html
- Identify two references that you may include on your application - they will be contacted to talk about you.



Scan the QR code to learn more or to apply!

Questions or Concerns?

Email: oyep@dexterra.com

Applications opens: March 1, 2025





PUBLIC SAFETY CANADA YOUNG WOMEN IN PUBLIC SAFETY (YWPS)



FOR YOUNG WOMEN

Do you identify as a woman and are you currently in high school? Are you thinking about your plans after high school graduation? Are you interested in a career in public safety and security?

If so, you may be a good fit for the Young Women in Public Safety employment program where you will gain knowledge of career options in public safety and security, as well as the chance to be hired for future student roles.

Eligibility

High school students who identify as women. Specifically, those in grade 11 who:

- meet the *Federal Student Work Experience Program eligibility criteria
- a minimum of 16 years of age by July 2025
- are interested in public safety and security
- are passionate about helping people
- · demonstrate leadership and initiative
- You must be available from early July 2025 during the day for the entire duration of the program.
- Parental consent to participate (if you are under 18).
- Selected students must arrange and pay for their own travel and all other related costs if coming from another area/city than the job location.



Scan the QR code to learn more or to apply!

How to Apply

Apply online through GC Jobs website (Government of Canada)

- https://emploisfp-psjobs.cfppsc.gc.ca/srs-sre/page01.htm? poster=1502&lang=en
- Submit your application and don't forget to self-declare as a woman to be considered!



*The Government of Canada offers various students jobs available all year round through the Federal Student Work Experience Program.

See page #41 for the website link to learn more or apply.





SHADCANADA SHAD ON CAMPUS

FOR YOUTH

Every Shad on campus gives you the latest in STEAM & entrepreneurship programming tailored to the excellence of the campus, faculty, labs and of course, local culture. Live on campus and explore dorm-life, campus-life, hands-on lectures, labs and wonders of a three-meal cafeteria scene

Shad Canada introduces you to mentors, leaders, entrepreneurs and workshops that tap into your passions and introduce new ones.

Get real experiences that will guide your dreams, centre your passions and help you discover post-secondary pathways... so you can ultimately get paid for what you love.

Not tied to a physical space this summer? **ShadAnywhere** provides you the Shad experience anywhere if you have a digital connection.

Eligibility

- currently in Grade 10 or 11/ Secondaire IV or V in Quebec.
- you are community-minded, creative, engaged, curious and want to make an impact in Canada and the world
- pay program fee
 - Scholarships and bursaries are available specifically for Indigenous students

How to Apply

 Complete and submit the application online: https://www.shad.ca

Note: Admission into the Shad program is competitive, therefore applicants need to put their best effort forward when completing the application.

Scan the QR code to learn more or to apply!

Applications opens: September 2025





UNIVERSITY OF ALBERTA CAMP FYREFLY





Camp fYrefly is a leadership retreat for queer and trans youth ages 14 - 24. In a fun and social environment, campers develop skills that will positively impact their lives, homes, schools, and communities. Educational and art workshops, Indigenous programming, nature, and a supportive team create space for emerging change-makers to learn, explore their identity, and build resilience.

Camp fYrefly develops and delivers all programing using five research driven fundamentals:

- Community Building Creating a socially just and inclusive community;
- Leadership Building youth leadership capacity;
- Education Self and social development;
- · Arts Learning through art, music, writing, performing arts, and games;
- Resiliency Providing opportunities for youth to develop the skills to address discrimination, hate, and injustice.

Eligibility

- Camp fYrefly accepts applications for campers who will be 14-24 during camp. If you will be under the age of 18 at that time, parent / guardian consent will be required to participate.
- Identify as queer or trans

How to Apply

• Complete the application form at https://www.ualberta.ca/camp-fyrefly/join-us/alberta-north/camper.html

Each year Camp fYrefly gets more applications than there are spaces available for Campers for in-person camp. In this case, each application is read by separate reviewers who independently consider each application.

Applications are reviewed for completeness, goals and needs, depth of response to the application questions, and previous personal experiences.







UNIVERSITY OF ALBERTA HIGH SCHOOL YOUTH RESEARCHER PROGRAM

FOR HIGH SCHOOL STUDENTS

The Alberta Innovates High School Youth Researcher Summer Program (HYRS) offers paid, six week summer research experiences for Grade 11 students in health and medical sciences, including priority areas in digital or data driven health research, commercialization, and health system transformation.

In addition to gaining first-hand research experience, HYRS students also participate in a range of skill development and career exploration activities. This program is ideal for students who have an interest in science and health, and are looking to explore careers in health research and innovation.

Eligibility

- Be currently enrolled in Grade 11, and must have completed, or be currently enrolled in (at minimum) Mathematics 20-1 or 20-2, Biology 20, and one other Grade 11 science course.
- Reside in or north of Red Deer. Applicants residing south of Red Deer should apply to the HYRS program at the <u>University of Calgary</u> or <u>University of</u> <u>Lethbridge</u>, as appropriate. Out-of-province applicants are not eligible.
- Be legally eligible to work in Canada.
- Demonstrate an interest in health/medical sciences, and an open-mind toward exploring careers in health research and innovation.

How to Apply

- 1. Students must identify one academic reference and one non-academic reference.
- 2. Students must complete the HYRS Application Form, and include requested documents and information in their submission

Deadline: March 14, 2025









UNIVERSITY OF ALBERTA SUMMER CAREER CAMP

FOR YOUTH



Choosing only one career for the rest of your life is not realistic. At Summer Career Camp, participants learn how to design a dynamic career that adapts as you change throughout life. The Summer Career Camp is intended to help students take introductory steps towards learning about and exploring careers

Students will learn strategies and resources for managing their careers that they can use throughout their lives. Career management is a lifelong process, and by learning through experience and reflecting on what they like and dislike, students will be able to grow from their experiences and find more fulfillment in their careers.

At the Summer Career Camp, the hope is that students will be able to identify three to five short-term, actionable next steps they can take to move forward in their careers. Taking short-term actions can help students better adapt and adjust their changing preferences based on new experiences and opportunities they encounter.

Eligibility

- students in grades 10, 11, and 12
 - This includes students who are taking a gap year or are upgrading post Grade 12.
- students looking to jump-start their career

How to Apply

Visit UofA's Summer Career Camp website to apply: https://www.ualberta.ca/camps/career-camp/index.html

- Applicants must create a campusBRIDGE account to apply
 - Instructions to register for a campusBridge account are available on the website
- Complete and submit the application online







UNIVERSITY OF BRITISH COLUMBIA INDIGENOUS SUMMER CAMP

FOR INDIGENOUS YOUTH

UBC Okanagan hosts two summer camps for Indigenous youth:

- Indigenous Summer Scholars Camp: Grades 7 to 9
- Indigenous Summer Leadership Camp: Grades 10 to 12

These integrated programs aim to provide the next generation of Indigenous leaders with opportunities to become part of the university experience. The goal of these camps is to help build the students' interests in higher education and their ability to act as leaders in their communities and schools. Each of these programs is designed in a holistic way that incorporates physical, mental, social, and cultural programming.

The goal of these camps is to provide the next generation of Indigenous leaders with opportunities to explore higher education and develop their abilities to act as leaders in their communities and schools. Each of these programs is designed in a holistic way that incorporates physical, mental, social, and cultural programming.

Indigenous Summer Scholars Camp and Indigenous Summer Leadership Camp are free, overnight, multi-day programs that include all food, accommodations, events, and programming. However, the cost of travel to and from these camps is not covered.

Eligibility

- Be an Indigenous student
- Be in Grade 7 12.
- Be available for camp dates (check website)

How to Apply

Visit the UBC Indigenous Summer Camp Website: https://students.ok.ubc.ca/indigenous-students/summer-camps/

• fill out the application on the website

Questions or Concerns?

Contact: indg.summercamp@ubc.ca







UNIVERSITY OF BRITISH COLUMBIA SUMMER SCIENCE PROGRAM



FOR INDIGENOUS YOUTH

The Summer Science program promotes interest in health and science programs through firsthand experience at the University of British Columbia. You will make friends and memories that will last a lifetime! Throughout the program, you will learn from our Summer Science Elder(s) as well as the numerous program coordinators and workshop facilitators! You will also get the opportunity to go out and enjoy some of the things Vancouver has to offer

Program goals include:

- Inform students of health and science careers.
- Provide information on post-secondary prerequisites, course planning, and admissions.
- Offer a holistic education experience that includes cultural practices.
- Provide Indigenous role models in health care and sciences.
- · Incorporate cultural knowledge into daily activities.

Eligibility

- Open to all students who are of FNMI ancestry.
- Students must be going into grade 9-12 in fall 2024
- Pay program fee \$200 (bursaries available)

How to Apply

Complete the application online OR by mail

• https://health.indigenous.ubc.ca/ssp-applications/

You will require the following to apply

- Reference Letter
- · Long response to questions available online



Scan the QR code to learn more or to apply!

Questions or Concerns?

Contact: summer.science@ubc.ca

Deadline: May 1st (Annually)



UNIVERSITY OF TORONTO CREATE: ENGINEERING DESIGN CHALLENGES

FOR HIGH SCHOOL STUDENTS

Calling all science and engineering enthusiasts! At CREATE, students will explore the exciting fields of science and engineering through a unique opportunity to learn from current Undergraduate and Graduate students while engaging with cutting-edge research. The practical activities, laboratory experiments, and site visits will lead participants through the Engineering Design Cycle to find solutions.

Join CREATE this summer for an unforgettable learning experience that offers an emphasis on immersive engineering design challenges that mirror the diverse undergraduate programs within the Faculty of Engineering.

Eligibility

- Students need to have completed at least one year of high school to attend CREATE.
- Good standing in recent Science grade
- Willing to temporarily relocate to University of Toronto residence for the duration of the program
 - duration depends on how many courses you choose to enrol in

How to Apply

Visit CREATE's website to apply:

https://outreach.engineering.utoronto.ca/preuniversity-programs/high-school-program/create/

You must create an *Active* account as a first time applicant which is used to collect the following from you:

- Report Card <u>OR</u> Transcript
- A statement of interest for CREATE

NOTE: There is a cost (\$675/week) - however, bursaries are available to cover these costs for select applicants



Scan the QR code to learn more or to apply!

Deadline: February 25, 2025



UNIVERSITY OF TORONTO DEEP SUMMER ACADEMY

FOR HIGH SCHOOL STUDENTS



Organized by the University of Toronto's Faculty of Applied Science & Engineering, DEEP offers a diverse range of pre-university engineering and science courses. The Da Vinci Engineering Enrichment Program (DEEP) is designed for highly motivated high school students with an aptitude for science and math. DEEP provides students from around the world with the opportunity for advanced study in a variety of engineering, technology, business, and science disciplines.

Get a head start on exploring your options for a university degree and career. Complement your current academic studies with this unique engineering experience.

Eligibility

- Students need to have completed at least one year of high school to attend DEEP.
- Good standing in recent Science/Math grade
- Willing to temporarily relocate to University of Toronto residence for the duration of the program
 - o duration depends on how many courses you choose to enrol in

How to Apply

Visit DEEP's website to apply:

https://outreach.engineering.utoronto.ca/pre-university-programs/high-school-program/deep/

You must create an *Active* account as a first time applicant which is used to collect the following from you:

- Report Card OR Transcript
- A statement of interest for CREATE

NOTE: There is a cost (\$675/week) - however, bursaries are available to cover these costs for select applicants



Scan the QR code to learn more or to apply!

Deadline: February 25, 2025





UNIVERSITY OF WATERLOO QUANTUM SCHOOL

FOR YOUNG STUDENTS

Discover how mathematics, physics, computer science, engineering, and more combine into one of the most exciting topics in modern science – quantum information – at the Quantum School for Young Students (QSYS).

QSYS is a unique enrichment program for high-school students that offers a blend of expert lectures, group discussions, problem solving, mentoring, and networking with world-leading quantum researchers.

Join hundreds of motivated students to explore the quantum future! At QSYS, you will:

- see how the world works at the quantum level;
- understand phenomenon like quantum superposition and entanglement;
- learn how quantum technology will transform computing, imaging and cryptography; and
- · make long-lasting friendships

Eligibility

- a Grade 11 or 12 student in Canada
- · curious and interested in exploring scientific concepts,
- have enrolled in or completed Grade 11 mathematics (Grade 11 physics is recommended)
- fluent in English.

Experience with quantum physics is not required, just curiosity and interest in exploring new scientific concepts. Exceptional Grade 10 students may be accepted, space permitting.



Scan the QR code to learn more or to apply!

How to Apply

- Applicants must complete and submit the application online https://uwaterloo.ca/institute-for-quantum-computing/qsys#How-to-apply
 - Applications require one reference letter and a written discussion paper.



Deadline: June 8, 2025

VERNA J KIRKNESS FOUNDATION PROGRAM

FOR INDIGENOUS YOUTH



The Verna J. Kirkness Education Foundation Program addresses the under-representation of First Nations, Métis and Inuit students at Canadian universities. One of the factors contributing to this is the lack of academic role models for these students. The Foundation addresses this by offering scholarships to Indigenous students in grades 11 and 12 to spend a week at a Canadian university interacting and learning with professors and their teams. During their week on campus students have the opportunity to meet role models, learn about the support systems that are available to them on campus, and experience the excitement of doing research. The VJKF Program develops motivated role models who foster the importance of graduating from high school and obtaining a postsecondary education.

Eligibility

- Applicant self-Identifies as a First Nations, Métis, or Inuit student currently in grades 11 or 12.
- Completed application (online or mailed in).
- Signed guardian consent form.
- Reference letter from teacher or guidance counsellor.
- Essay written by the student indicating why they are interested in attending the VJKF Program (100–400 words).
- Confirmed availability for at least one of the Program weeks (see above).
- Student must agree to provide a short update regarding ongoing education activities when requested by VJKF staff.

How to Apply

Apply online through VJKP Website:

https://vernajkirkness.org/page-1075220

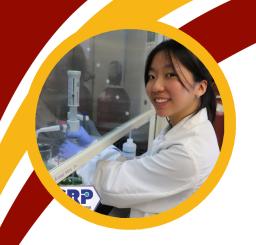
- 1. Obtain Reference Letter
- 2. Complete Personal Essay
- 3. Guardian Consent Form
- 4. Choose Preferred Program Dates
- 5. Submit Application



Scan the QR code to learn more or to apply!

Deadline: December (Annually)





WISEST

SUMMER RESEARCH PROGRA

FOR FEMALE AND GENDER-DIVERSE STUDENTS

The WISEST Summer Research Program (SRP) encourages participants to explore a future in science, engineering, and technology fields. The goals of SRP are designed to provide students with the following opportunities:

- Broaden awareness about less traditional fields of study and diverse career options.
- Engage with other participants who share similar interests.
- Learn about the techniques and types of research conducted in different STEM fields.
- · Connect with and learn from successful professionals in the STEM fields.
- Develop key professional skills.
- Contribute to trailblazing research (in the lab or in the field).
- Become familiar with academic and university life at the University of Alberta.

Eligibility

- be a young women or gender-diverse student interested in science, engineering, and technology fields.
- Students from anywhere in Alberta can apply. Out-of-province students are also welcome to apply provided they meet the equivalent eligibility requirements.
- Students must have a Canadian Social Insurance Number

How to Apply

Apply online: https://www.ualberta.ca/women-in-scholarshipengineering-science-technology/programs/summer-researchprogram/index.html

- Speak with 2 Teachers (science and/or math) who can be your References: Provide their Contact Details on the Application Form.
- Complete your Personal Response and Upload it to the Application form.
- Input your Class Grades on the Online Application Form
- Complete the Online Application Form



Scan the OR code to learn more or to apply!







Deadline: April 2, 2025

YMCA SUMMER WORK STUDENT EXCHANGE



FOR YOUTH

The YMCA Summer Work Student Exchange (SWSE) is a six-week program that offers youth the opportunity to gain paid work experience.

The YMCA Summer Work Student Exchange (SWSE) program offers youth the opportunity to:

- 1. **Travel**: Travel and live in a new community where you will stay with a host family; while your family hosts the incoming youth
- 2. **Work**: Gain work experience by being provided with a paid summer job in the public sector or with a non-profit organization. This will give you a chance to contribute and make an impact in communities across the country
- 3. **Learn a Second Official Language**: Learn and practise your second official language as you will be in a community where the second official language is spoken

Eligibility

- Be 16 or 17 years old at the start of the program
- Live in Canada and be eligible to work in Canada
- Your family must be able to host a youth from another community during the exchange — but if this is a barrier, inform YMCA and they will work with you
- Must be enthusiastic and excited to try new things, learn and grow

Scan the QR code to learn more or to apply!

How to Apply

Apply online - https://applyswse.org/Default

- complete the application form
- Ensure all required documentation is included

OTHER HELPFUL RESOURCES



Indigenous Link

https://indigenous.link/

Young Canada Works (Government of Canada)

https://young-canadaworks.canada.ca/Opportunity/PublicApprovedOpportunities

City of Edmonton Careers

https://recruitment.edmonton.ca/

CAREERS: The Next Generation

https://www.careersnextgen.ca/

Tribal Chiefs Employment & Training Services Association

https://gladuedesigns.wixsite.com/tcetsa

Youth Jobs Canada

https://youthjobscanada.ca/

Alberta Public Service Summer Student Opportunities

https://www.alberta.ca/summer-student-opportunities

Government of Canada Job Bank: Youth Canada Summer Jobs

https://www.ab.jobbank.gc.ca/jobsearch/jobsearch?page=1&sort=M&fsrc=21&mid=22312

Federal Student Work Experience Program (FSWEP) Jobs

https://emploisfp-psjobs.cfp-psc.gc.ca/srs-sre/page01.htm?poster=1&lang=en

Aboriginal Job Board

https://aboriginaljobboard.ca/

Indeed

https://ca.indeed.com/





















Lynn Cornell

Bridging Futures Facilitator

Taryn MacDonald

Bridging Futures Facilitator

Pam Sparklingeyes

Indigenous Learning Services Manager

Have any further questions? Contact us we'd be happy to help!

Visit our social media sites for more opportunities!

